

# PHOENIX Data Trend Report 2009-2013

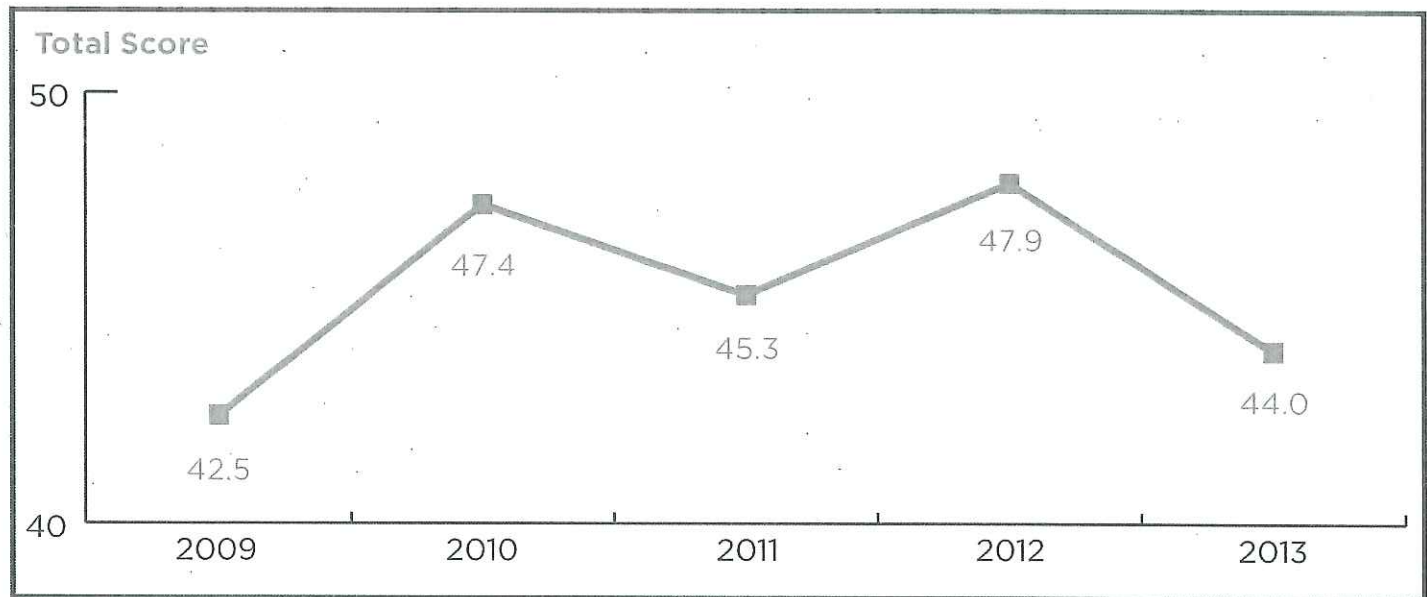
(Phoenix-Mesa-Glendale, AZ)

While Phoenix's total score ranks among the bottom 25 metropolitan areas, improvements have been made since 2009. Strengths include a low death rate for cardiovascular disease as well as a high percent of city land area as parkland and a high number of acres of parkland.

## Top four improvements since 2009:

- \* The percent with angina or coronary heart disease decreased from 4.8% to 3.3%.
- \* The percent of city land area as parkland increased from 12.5% to 15.5%.
- \* The number of farmers' markets per 1,000,000 increased from 6.5 to 8.0.
- \* The death rate per 100,000 for cardiovascular disease decreased from 199.3 to 156.8.

Total Score						
Measure	2009	2010	2011	2012	2013	% Change 2009-2013
Total Score	42.5	47.4	45.3	47.9	44.0	+3.5%
Total Ranking	32	32	32	26	33	



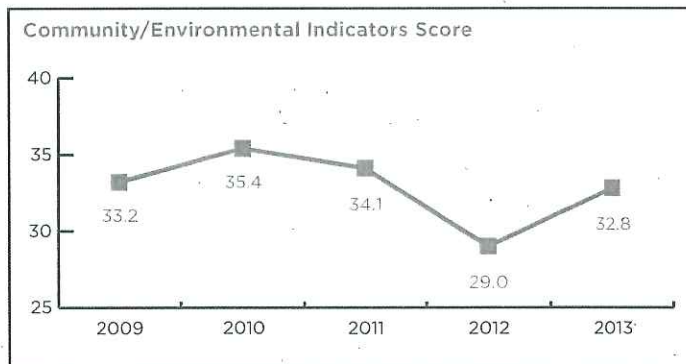
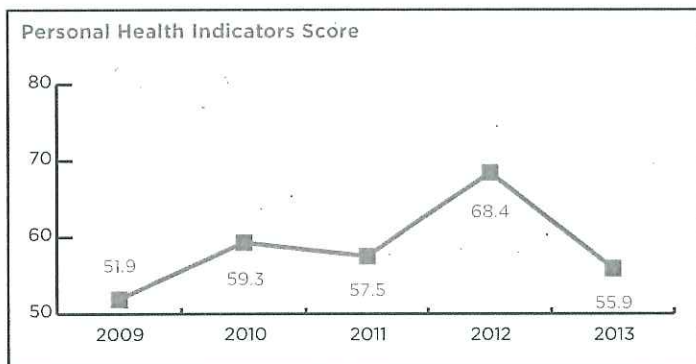
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## Personal Health Indicators

Measure	2009	2010	2011	2012	2013	% Change 2009-2013	GOAL
Personal Health Indicators Score	51.9	59.3	57.5	68.4	55.9	+7.7%	
PHI Rank	21	16	19	11	17		
% any physical activity last 30 days	78.4%	77.4%	82.6%	81.5%	73.1%	-6.8%	82.6%
% physically active	52.2%	52.2%	50.2%	50.2%	50.2%	-3.8%	54.4%
% 5+ fruits / veggies	28.5%	28.5%	23.6%	23.6%	23.6%	-17.2%	29.0%
% currently smoking	19.8%	15.2%	14.7%	14.8%	17.4%	-12.1%	13.1%
% obese	25.8%	25.3%	24.7%	22.8%	24.8%	-3.9%	21.3%
% in excellent / very good health	51.9%	55.3%	55.8%	58.9%	50.9%	-1.9%	61.0%
Days physical health not good, last 30 days	32.2%	34.5%	37.0%	32.4%	32.8%	+1.9%	30.4%
Days mental health not good, last 30 days	34.1%	34.1%	36.0%	32.0%	38.0%	+11.4%	29.2%
% with asthma	8.0%	10.2%	11.9%	9.6%	8.8%	+10.0%	6.5%
% angina or coronary heart disease	4.8%	4.3%	3.0%	3.6%	3.3%	-31.3%	2.8%
% with diabetes	8.2%	6.9%	7.9%	7.1%	9.5%	+15.9%	6.4%
Death rate, 100,000 for cardiovascular disease	199.3	178.5	164.0	159.3	156.8	-21.3%	167.1
Death rate, 100,000 for diabetes	18.3	17.7	16.4	16.5	19.2	+4.9%	17.0
% with health insurance	81.6%	81.7%	86.7%	87.2%	80.7%	-1.1%	91.2%



## Community/Environmental Indicators

Measure	2009	2010	2011	2012	2013	% Change 2009-2013	GOAL
Community / Environmental Indicators Score	33.2	35.4	34.1	29.0	32.8	-1.2%	
C/EI Rank	41	42	44	50	48		
Parkland as % of city land area	12.5%	13.8%	14.3%	14.8%	15.5%	+24.0%	10.6%
Acres of parkland per 1,000	25.2	27.0	27.8	28.2	29.5	+17.1%	18.6
Farmers' markets per 1,000,000	6.5	7.0	6.9	7.1	8.0	+23.1%	13.1
% using public transportation to work	2.5%	2.6%	2.3%	2.0%	2.2%	-12.0%	4.3%
% bicycling or walking to work	2.5%	2.3%	2.7%	2.1%	2.7%	+8.0%	2.8%
Ball diamonds per 10,000	0.7	0.7	0.7	0.7	0.7	0.0%	1.9
Dog parks per 10,000	0.3	0.3	0.3	0.3	0.3	0.0%	0.9
Park playgrounds per 10,000	1.0	1.0	1.0	1.0	1.0	0.0%	2.3
Golf courses per 10,000	0.7	0.6	0.6	0.6	0.6	-14.3%	0.9
Park units per 10,000	1.4	1.3	1.4	1.4	1.4	0.0%	4.1
Recreation centers per 20,000	0.5	0.5	0.5	0.5	0.5	0.0%	1.0
Swimming pools per 100,000	1.9	1.9	1.8	1.8	1.8	-5.3%	3.1
Tennis courts per 10,000	1.0	0.9	0.9	0.8	0.8	-20.0%	2.0
Park-related expenditures per capita	\$88	\$160	\$147	\$78	\$100	+13.6%	\$101.80
Level of state-required PE	1	1	1	1	1	0.0%	2.5
Number of primary care providers per 100,000	86.6	71.2	71.0	69.7	73.1	-15.6%	105.6